

Help and encouragement after the death of a spouse, child, family member, or friend.

GriefShare is a special weekly seminar and support group designed to help you rebuild your life after losing a loved one. Our group is led by caring people who have experienced grief and want to help you through the difficult days ahead.

We know it hurts, and we want to help.

## Two Groups:

Thurs: 7:00—9:00PM, Mar 12 thru June 11, 2020 OR Fri: 10:30 AM – 12:30 PM - Mar 13 thru Jun 16, 2020 (Except April 9 & 10)

St. John the Baptist Catholic Church
315 N. Constitution Ave.
New Freedom, PA
St. Elizabeth Center
(West side, Lower Level of Main Church)

Registration - www.griefshare.org

Information Contact: Judy Newberger, RN jnewberger@sjbnf.org 717- 235-2156 Ext. 214