



## **Surviving Divorce: Hope and Healing for the Catholic Family**

*By Rose Sweet*

Marriage is meant to last a lifetime. Most engaged couples approach their wedding days fully believing and intending this. Sadly, however, too many hearts and homes end up experiencing the pain of divorce. This often brings about unexpected and unimaginable heartache, questions, and challenges. Is healing possible? Yes! That's the good news this program offers.

*Surviving Divorce* was created to bring hope and healing to those who have experienced the pain and loneliness of a broken marriage. It is for the newly separated and divorced and those still struggling with issues many years later. It will help them answer their questions, restore hope, and begin authentic healing. Developed and hosted by Rose Sweet, *Surviving Divorce* features experts Dr. Ray Guarendi, Ph.D., Fr. Donald Calloway, M.I.C., Fr. Steve Porter, S.T.L., Fr. Mitch Pacwa, S.J., and Christopher West. It also includes personal testimonies of Catholic men and women who have experienced the breakdown of their families. They courageously share their stories with heart, humor, and wisdom. As they witness to their pain and the healing power of Christ in their lives, participants will laugh, cry, and identify with their journeys from heartache to healing.

This program will help you:

- Work through the emotional upheaval of separation and divorce.
- Find personal healing and hope.
- Discover a deeper understanding of God's love for you.
- Gain wisdom and comfort from experts and others who share your experiences.
- Navigate new concerns like custody, court hearings, and finances.
- Provide resources for counselors if you need personal assistance.
- Provide access to case assessors for the annulment process that can help you understand why an annulment is necessary and how to go about starting the process.
- Help you experience the grace of God through the sacraments as you journey through the hurt and pain of divorce.

The *Surviving Divorce* program begins on **Wednesday, September 9, 2020, at 6:45 PM** and runs for 12 consecutive weeks. Sessions will be held at St. John the Baptist Church in St. Elizabeth Center or by Zoom Meetings if we are unable to use the church due to the pandemic. The cost of \$25.00 for the program includes the *Surviving Divorce* Personal Guide and all program materials. Please contact the facilitators, Deb Cousin, [deb.cousin@verizon.net](mailto:deb.cousin@verizon.net) or Pat Smith, [dontel972@aol.com](mailto:dontel972@aol.com), or call the Parish Office at 717-235-2156 for more information.

# **THE VIDEO TOPICS**

**Every situation is unique and divorce is complex so we can't cover every issue you may be facing...but we cover the most important from the aspect of our CATHOLIC FAITH. Full healing is centered in Jesus Christ.**

## **Part 1 – FINDING PERFECT PEACE**

**Session 1 – Getting your Bearings**

**Session 2 – Finding Strength and Help**

**Session 3 – Getting Through Your Anger**

**Session 4 – Dealing with Depression**

## **Part 2 – FINDING PERFECT POWER**

**Session 5 – Learning to Forgive**

**Session 6 – Dealing with Your Family**

**Session 7 – Handling Money Wisely**

**Session 8 – Learning to Let Go**

## **Part 3 – FINDING PERFECT PASSION**

**Session 9 – Seeing God in Romance**

**Session 10 – Deciding About Dating**

**Session 11 – Loving All Church Teachings**

**Session 12 – Finding Love that Lasts**